

**CENTRAL MASSACHUSETTS AGENCY ON AGING
TITLE III PROGRAMS FOR FY 2020**

Effective October 1, 2019, **23 grants** in the amount of **\$1,877,574** were awarded to **13 non-profit** organizations serving elders throughout Central Massachusetts. These federal grants, authorized under the Older Americans Act, are targeted to meet the highest priority needs of persons 60 years of age and older. A volunteer allocations committee reviewed all grant applications and recommended funding for the following programs. The Advisory Council and Board of Directors approved the recommendations.

1. Central Mass Housing Alliance
6 Institute Road
Worcester, MA 01609
(508) 752-5519

Exec. Dir.: Grace Carmark

Elder Home Repair *\$54,245* *Contact: Sam Niford*

Service Area: Central/Southern Worcester County and West Norfolk County

This program focuses on elders living in unsafe housing who are at risk for their health and safety. It expands housing options for elders who want to remain in their own residence.

2. Community Legal Aid
405 Main Street
Worcester, MA 01608
(508) 752-3718

Exec. Dir.: Jonathan Mannina

Senior Citizen Law & Advocacy Project *\$112,520* *Contact: Jonathan Mannina*

Service Area: Central Mass Region

Provides free legal assistance to elders on many issues including benefits, housing, civil matters, Medicaid/Medicare eligibility, and elder abuse and nursing home issues. Also conducts education programs and distributes literature on critical topics.

3. Elder Services of Worcester
67 Millbrook Street
Worcester, MA 01606
(508) 756-1545

Exec. Dir.: Maureen Siergie

Money Management *\$7,247* *Contact: Michelle Simone*

Service Area: Central Worcester County

Provides money management services to elders in need.

Crisis Intervention \$22,162 Contact: Mary Parenteau

Service Area: Central Worcester County

Counseling, referral and support for elders in immediate critical need. Provides crisis case management; training to providers, especially minority programs; and purchase of emergency services. Coordinates with the ESWA Protective Services program.

Nutrition Project \$509,743 Contact: Jim Burns

Service Area: Central Worcester County

Serves congregate and home delivered meals to elders in their service area.

Healthy Aging \$4,500 Contact: Jennifer Knight

Service Area: Central Worcester County

Family Caregiver Program \$125,746 Contact: Deb Dowd-Foley

Service Area: Central Worcester County - The Family Caregiver Support Program empowers elders and caregivers to manage the personal, social, and economic challenges of caring for an elderly parent, relative, or friend by providing information, education, support, and services that enhance quality of life, prevent premature institutionalization and promote elders' independence in the community.

4. Jewish Family and Children's Service

Interim Exec. Director: Carl Zack

**P.O. Box 16770
484 Main Street
Worcester, MA 01601
(508) 755-3101**

Guardianship Program \$42,000 Contact: Mary Dziejdzinski
(Worcester Program)

Service Area: Central Mass Region

Provides guardianship/conservator services to frail elders who are adjudicated to be incompetent. Professional staff conduct evaluations, act as guardians, consult with caregivers and elder service providers as to options on referrals, provide training and community education.

5. Leominster Spanish American Center

Exec. Dir.: Neddy Latimer

**112 Spruce Street
Leominster, MA 01453
(978) 534-3145**

Ancianos Latinos Unidos \$30,000 Contact: Mickey Guzman

Service Area: Fitchburg & Leominster

Services include outreach, information and assistance, home visits, interpretation, and translation. One of the key aspects of the program is to prevent social isolation and increase elder involvement in the community.

6. MAB Community Services
799 West Boylston Street
Worcester, MA 01606
(508) 854-0732

Exec. Dir.: Barbara Salisbury

Medical Transportation \$2,800 Contact: Carol Curdo

Service Area: Central and North Worcester County

Provides out of town medical transportation to visually impaired elders in Greater Worcester.

7. Massachusetts College of Pharmacy and Health Sciences **Director: Paula Evans**
Pharmacy Outreach Program
19 Foster Street
Worcester, MA 01608
(508) 373-0031

Medication Management \$12,579 Contact: Colleen Massey

Service Area: Central Mass Region

Provides public presentations on medication management issues as well as one to one consultation with elders where needed. In addition, MassMedLine has developed educational media regarding medication management for distribution throughout Central Massachusetts.

8. Montachusett Home Care Corporation
Crossroads Office Park
680 Mechanic Street
Leominster, MA 01453
(978) 537-7411

Exec. Dir. Lori Richardson

Crisis Intervention \$22,980 Contact: Jeanine DiMarzio

Service Area: North Worcester County

Counseling, referral and support for elders in immediate critical need. Provides crisis case management; training to providers, especially minority programs; and purchase of emergency services. Coordinates with the MHCC Protective Services program.

Money Management \$8,500 Contact: Liza Updike

Service Area: North Worcester County

Provides money management services to elders in need.

Family Caregiver \$94,310 Contact: Nicole Kanis

Service Area: North Worcester County

Provides money management services to elders in need.

9. Montachusett Opportunity Council

Exec. Dir.: Kevin Reed

**601 River Street
Fitchburg, MA 01420
(978) 345-7040**

Nutrition Project \$322,233 Contact: Leona Whetzel

Service Area: North Worcester County

Serves congregate and home delivered meals to elders in their service area.

10. New England Homes for the Deaf

Exec. Dir.: Shelley Silverman

**154 Water Street
Danvers, MA 01923
(978) 774-0445**

Drop-In Center \$7,535 Contact: Shelley Silverman

Service Area: Central Mass Region

Supports the operation of a weekly program for hearing-impaired seniors on Thursdays, including nutrition, socializing, educational programs, referral and advocacy. Provides sign language interpreting services at the Center.

11. Tri-Valley, Inc.

Exec. Dir.: Lisa Prince

**10 Mill Street
Dudley, MA 01571
(508) 949-6640**

Crisis Intervention \$24,963 Contact: Patty Berthiaume

Service Area: South Worcester County

Counseling, referral and support for elders in immediate critical need. Provides crisis case management; training to providers, especially minority programs; and purchase emergency services. Coordinates with Tri-Valley Protective Services Program.

Money Management \$8,305 Contact: Patty Berthiaume

Service Area: South Worcester County

Provides money management services to elders in need.

Nutrition Project \$337,016 Contact: Kristin McCarthy

Service Area: South Worcester County

Serves congregate and home delivered meals to elders in their service area.

Healthy Aging \$8,902 Contact: Susan Salisbury

A Matter of Balance Program:

Designed to reduce the fear of falling and increase the activity levels of older adults who have concerns about falls.

My Life, My Health Chronic Disease Self-Management Program:

For adults living with challenges of chronic conditions and learn techniques for dealing with issues such as pain, fatigue and difficult emotions.

Service Area: Bellingham, Blackstone, Brookfield, Charlton, Douglas, Dudley, East Brookfield, Franklin, Hopedale, Medway, Mendon, Milford, Millville, Northbridge, North Northbridge, Oxford, Southbridge, Spencer, Sturbridge, Sutton, Upton, Uxbridge, Warren, Webster, West Brookfield

Family Caregiver Program \$94,310 Contact: Laura Black Silver

Service Area: Bellingham, Blackstone, Brookfield, Charlton, Douglas, Dudley, East Brookfield, Franklin, Hopedale, Medway, Mendon, Milford, Millville, Northbridge, North Northbridge, Oxford, Southbridge, Spencer, Sturbridge, Sutton, Upton, Uxbridge, Warren, Webster, West Brookfield

12. YMCA

President and CEO: David Connell

**Central Community Branch YMCA
766 Main Street
Worcester, MA 01610
(508) 755-6101**

Healthy Aging (Enhance Fitness) \$19,978 Contact: Matthew Evans

Service Area: The City of Worcester

‘EnhanceFitness, a low-cost, evidence-based group exercise and falls prevention program, helps older adults at all levels of fitness become more active, energized, and empowered to sustain independent lives.’

13. YWCA

Exec. Dir: Linda Cavaioli

**YWCA Central Massachusetts Headquarters
One Salem Square
Worcester, MA 01608
(508) 767-2505**

Fit 4 Life \$5,000 Contact: Patty Flanagan

Service Area: Central Mass Region

Fit 4 Life is an exercise and empowerment program for seniors.