



Tri-Valley proudly announces its 2nd Annual

HEALTH & WELLNESS FAIR

Sponsored by Baystate Benefit Services

MAY 30, 2019

10am - 1pm at our 10 Mill Street, Dudley Headquarters

A FREE event designed for Older Adults & Caregivers featuring

- AAA
- Central Mass Agency on Aging
- Dudley Fire, Police & Veteran's Agent
- Holden Hearing Aid Center
- Lions Club, Millbury
- OEI CapTel Captioning Phone
- Page Chiropractic
- Second Chance Animal Services (mobile adoption vehicle)
- SHINE
- United Way of Webster & Dudley
- Webster Five
- Webster Senior Center
- WDO Chamber of Commerce

Discover the Programs & Services offered through Tri-Valley

Benefits Enrollment Center, Options Counseling, Alzheimer's Network, Personal Care Attendant, Adult Family Care, State Home Care, Information & Resources, Caregiver Support & Healthy Aging, or learn how to become a Volunteer at Tri-Valley



FREE 30 minute seminars: 10:30 am Webster Five - Senior Fraud: What to Avoid
11:15 am AAA - Travel Tips
Plus - Healthy Cooking Demos throughout the day by our Nutritionist



FREE screenings & assistance: Lions Club (vision screening), Holden Hearing Aid Center, Page Chiropractic, and Benefits Enrollment Specialist (enrollment assistance by appointment)



RAFFLES

3 raffle packages of one night stays for two including breakfast donated by:
The Publick House Historic Inn, Southbridge Hotel & Conference Center and
Sturbridge Host Hotel & Conference Center

FREE BEVERAGES, SNACKS & the OPPORTUNITY TO MAKE A REAL CHANGE IN YOUR LIFE!

See you on Thursday, May 30th!



TRI-VALLEY, INC. • 10 Mill Street • Dudley, MA 01571

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