

**CENTRAL MASSACHUSETTS AGENCY ON AGING  
TITLE III PROGRAMS FOR FY 2018**

Effective October 1, 2017, **27 grants** in the amount of **\$2,078,289** were awarded to **14 non-profit** organizations serving elders throughout Central Massachusetts. These federal grants, authorized under the Older Americans Act, are targeted to meet the highest priority needs of persons 60 years of age and older. A volunteer allocations committee reviewed all grant applications and recommended funding for the following programs. The Advisory Council and Board of Directors approved the recommendations.

**1. Central Mass Housing Alliance**  
**6 Institute Road**  
**Worcester, MA 01609**  
**(508) 752-5519**

**Exec. Dir.: Grace Carmark**

*Elder Home Repair* \$58,000 Contact: Sam Niford

Service Area: Central/Southern Worcester County and West Norfolk County

This program focuses on elders living in unsafe housing who are at risk for their health and safety. It expands housing options for elders who want to remain in their own residence.

**2. Centro**  
**11 Sycamore Street**  
**Worcester, MA 01608**  
**(508) 798-1900**

**Exec. Dir.: Juan Gomez**

*Hispanic Elders Program* \$28,655 Contact: Roberto Diaz

Service Area: Worcester

Provides life skills development, health education and screening, recreational and social opportunities as well as information services to Spanish-speaking elders in Greater Worcester.

*Mi Vida, Mi Salud* \$5,553 Contact: Roberto Diaz

Service Area: Worcester

For adults living with challenges of chronic conditions and learn techniques for dealing with issues such as pain, fatigue and difficult emotions.

**3. Community Legal Aid**  
**405 Main Street**  
**Worcester, MA 01608**  
**(508) 752-3718**

**Exec. Dir.: Jonathan Mannina**

*Senior Citizen Law & Advocacy Project* \$115,000 Contact: Jonathan Mannina

Service Area: Central Mass Region

Provides free legal assistance to elders on many issues including benefits, housing, civil matters, Medicaid/Medicare eligibility, and elder abuse and nursing home issues. Also conducts education programs and distributes literature on critical topics.

**4. Elder Services of Worcester**  
**67 Millbrook Street**  
**Worcester, MA 01606**  
**(508) 756-1545**

**Exec. Dir.: Maureen Siergie**

Money Management \$8,526 Contact: Michelle Simone

Service Area: Central Worcester County

Provides money management services to elders in need.

Crisis Intervention \$22,662 Contact: Mary Parenteau

Service Area: Central Worcester County

Counseling, referral and support for elders in immediate critical need. Provides crisis case management; training to providers, especially minority programs; and purchase of emergency services. Coordinates with the ESWA Protective Services program.

Nutrition Project \$476,501 Contact: Julia Martiros

Service Area: Central Worcester County

Serves congregated and home delivered meals to elders in their service area.

Family Caregiver Program \$105,673 Contact: Deb Dowd-Foley

Service Area: Central Worcester County - The Family Caregiver Support Program empowers elders and caregivers to manage the personal, social, and economic challenges of caring for an elderly parent, relative, or friend by providing information, education, support, and services that enhance quality of life, prevent premature institutionalization and promote elders' independence in the community.

**5. Jewish Family and Children's Service**  
**646 Salisbury Street**  
**Worcester, MA 01609**  
**(508) 755-3101**

**Exec. Director: Rimma Zelfand**

Guardianship Program \$50,000 Contact: Mary Dziedzinski  
(Worcester Program)

Service Area: Central Mass Region

Provides guardianship/conservator services to frail elders who are adjudicated to be incompetent. Professional staff conduct evaluations, act as guardians, consult with caregivers and elder service providers as to options on referrals, provide training and community education.

**6. Leominster Spanish American Center**  
**112 Spruce Street**  
**Leominster, MA 01453**  
**(978) 534-3145**

**Exec. Dir.: Neddy Latimer**

*Ancianos Latinos Unidos* \$33,412 Contact: Mickey Guzman

Service Area: Fitchburg & Leominster

Services include outreach, information and assistance, home visits, interpretation, and translation. One of the key aspects of the program is to prevent social isolation and increase elder involvement in the community.

**7. MAB Community Services**  
**799 West Boylston Street**  
**Worcester, MA 01606**  
**(508) 854-0732**

**Exec. Dir.: Barbara Salisbury**

*Medical Transportation* \$3,000 Contact: Carol Curdo

Service Area: Central and North Worcester County

Provides out of town medical transportation to visually impaired elders in Greater Worcester.

*Vision Rehabilitation for Low Vision Elders* \$5,000 Contact: Carol Curdo

Service Area: Central and North Worcester County

Provides information, resources, and instruction in the areas of daily living skills, safety and recreation with the goal of maintaining independence for elders with visual impairments, but not legally blind.

**8. Massachusetts College of Pharmacy and Health Sciences**  
**Pharmacy Outreach Program**  
**19 Foster Street**  
**Worcester, MA 01608**  
**(508) 373-0031**

**Director: Paula Evans**

*Medication Management* \$12,579 Contact: Colleen Massey

Service Area: Central Mass Region

Provides public presentations on medication management issues as well as one to one consultation with elders where needed. In addition, MassMedLine has developed educational media regarding medication management for distribution throughout Central Massachusetts.

**9. Montachusett Home Care Corporation**  
**Crossroads Office Park**  
**680 Mechanic Street**  
**Leominster, MA 01453**  
**(978) 537-7411**

**Exec. Dir. Christina Cassidy**

*Ombudsman Program* \$186,000.00 Contact: Geralyn Bailey  
 Service Area: North Worcester, Central Worcester County and West Middlesex County

Serves all nursing and rest home residents in the service area. The program investigates and resolves complaints made by or on behalf of residents. Recruits and trains volunteers and stipend staff who serve as ombudsmen. Reports to the State Nursing Home Ombudsman at the Executive Office of Elder Affairs.

*Crisis Intervention* \$23,480 Contact: Jeanine DiMarzio  
 Service Area: North Worcester and West Middlesex County

Counseling, referral and support for elders in immediate critical need. Provides crisis case management; training to providers, especially minority programs; and purchase of emergency services. Coordinates with the MHCC Protective Services program.

*Money Management* \$10,000 Contact: Liza Updike  
 Service Area: North Worcester and West Middlesex County

Provides money management services to elders in need.

*Family Caregiver* \$79,256 Contact: Nicole Kanis  
 Service Area: North Worcester and West Middlesex County

Provides money management services to elders in need.

**10. Montachusett Opportunity Council**  
**133 Prichard Street**  
**Fitchburg, MA 01420**  
**(978) 345-7040**

**Exec. Dir.: Kevin Reed**

*Nutrition Project* \$303,052 Contact: Christin Saucier  
 Service Area: North Worcester and West Middlesex County

Serves congregate and home delivered meals to elders in their service area.

**11. New England Homes for the Deaf**  
**154 Water Street**  
**Danvers, MA 01923**  
**(978) 774-0445**  
**(978) 753-2526 (Thursdays)**

**Exec. Dir.: Shelley Silverman**

*Drop-In Center* \$8,035 Contact: Shelley Silverman  
 Service Area: Central Mass Region

Supports the operation of a weekly program for hearing-impaired seniors on Thursdays, including nutrition, socializing, educational programs, referral and advocacy. Provides sign language interpreting services at the Center.

**12. Shrewsbury Council on Aging**  
**98 Maple Avenue**  
**Shrewsbury, MA 01545**  
**Phone: 508-841-8640**

**COA Dir.: Sharon M. Yager**

Dementia Friendly Shrewsbury \$4,000 Contact: Sharon Yager  
 Service Area: Shrewsbury

Creates a comprehensive, specialized outreach component to the community as a whole based on the model established by Dementia Friendly America™. This will enable the Council on Aging to reach out specifically to the various businesses in town to educate and raise awareness on how to better serve their consumers who may be suffering from dementia and/or to help support those who care from them.

**13. Tri-Valley, Inc.**  
**10 Mill Street**  
**Dudley, MA 01571**  
**(508) 949-6640**

**Exec. Dir.: Lisa Prince**

Crisis Intervention \$25,463 Contact: Patty Berthiaume  
 Service Area: South Worcester County and West Norfolk County

Counseling, referral and support for elders in immediate critical need. Provides crisis case management; training to providers, especially minority programs; and purchase emergency services. Coordinates with Tri-Valley Protective Services Program.

Money Management \$9,771 Contact: Patty Berthiaume  
 Service Area: South Worcester County and West Norfolk County

Provides money management services to elders in need.

Nutrition Project \$324,471 Contact: Kristin McCarthy  
 Service Area: South Worcester County and West Norfolk County

Serves congregate and home delivered meals to elders in their service area.

Ombudsman Program \$81,123 Contact: Catherine Stone  
 Service Area: South Worcester County and West Norfolk County

Serves all nursing and rest home residents in the service area. The program investigates and resolves complaints made by or on behalf of residents. Recruits and trains volunteers and stipend staff who serve as ombudsmen. Reports to the State Nursing Home Ombudsman at the Executive Office of Elder Affairs.

Healthy Aging \$8,902 Contact: Susan Salisbury

**A Matter of Balance Program:**

Designed to reduce the fear of falling and increase the activity levels of older adults who have concerns about falls.

**My Life, My Health Chronic Disease Self-Management Program:**

For adults living with challenges of chronic conditions and learn techniques for dealing with issues such as pain, fatigue and difficult emotions.

Service Area: Bellingham, Blackstone, Brookfield, Charlton, Douglas, Dudley, East Brookfield, Franklin, Hopedale, Medway, Mendon, Milford, Millville, Northbridge, North Northbridge, Oxford, Southbridge, Spencer, Sturbridge, Sutton, Upton, Uxbridge, Warren, Webster, West Brookfield

Family Caregiver Program \$79,256 Contact: Laura Black Silver

Service Area: Bellingham, Blackstone, Brookfield, Charlton, Douglas, Dudley, East Brookfield, Franklin, Hopedale, Medway, Mendon, Milford, Millville, Northbridge, North Northbridge, Oxford, Southbridge, Spencer, Sturbridge, Sutton, Upton, Uxbridge, Warren, Webster, West Brookfield

**13. Worcester Department of Health & Human Services**

**Dir.: Amy Vogel Waters**

**Elder Affairs Division  
128 Providence Street  
Worcester, MA 01604  
(508) 799-1232**

Osteoporosis Prevention Project \$10,919 Contact: Amy Vogel Waters

Service Area: Worcester and neighboring towns

Provides osteoporosis education and screening to senior citizens in Worcester and surrounding towns. The program is a collaborative effort of the City Manager's Executive Office of Elder Affairs, Worcester Senior Center, other agencies and funders.