

MENTAL WELL-BEING CROSSROAD

CROSSROAD

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LINKS

Alzheimer's Association – Dementia:

<http://www.alz.org/dementia/types-of-dementia.asp>

Central Massachusetts Agency on Aging's Upcoming Support Groups & Chats:

http://www.media.seniorconnection.org/index.htm?doc=distance_learning.inc

National Institute of Mental Health Signs and Symptoms of Depression:

<http://www.nimh.nih.gov/health/publications/depression/what-are-the-signs-and-symptoms-of-depression.shtml>

CONNECTION FOR CAREGIVERS